



**DOVE**

**RECOVERY HOUSE  
FOR WOMEN**

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# Substance Abuse: National Statistics

- 22.5 million people (8.5 percent of the U.S. population) aged 12 or older needed treatment for an illicit drug or alcohol use problem in 2014.
- Only 4.2 million (18.5 percent of those who needed treatment) received any substance use treatment in the same year.
- Of these, about 2.6 million people received treatment at specialty treatment programs.

SAMHSA's National Survey on Drug Use and Health, (CBHSQ, 2015).

# INDIANA ADDICTED

- Opioid abuse in Indiana annually cost taxpayers, healthcare providers, and employers \$4.3 billion, or \$11 million dollars a daily.
- Over the last 15 years 12,300 Hoosiers are estimated to have died due to drug overdose, costing the state a total of \$43.3 billion.
- Non-Lethal opioid overdoses resulted in \$224 million in hospitalization costs, with an additional \$297 million in other opioid-related hospital stays.
- More than \$40 million is spent annually for rehabilitation costs.
- Drug arrests and court costs exceed \$13 million per year, and the costs of incarceration have reached more than \$70 million per year.
- As of 2016, and estimated 5,243 Hoosier children were in foster care due to parental opioid misuse.

# Heroin Use-A rising epidemic



The Heroin use increase in women rose 100% from 2002-2013



The gap between overdose deaths in men and women is quickly decreasing.

Since 1999 the percentage increase in deaths was more than 400% among women, compared to 265% in men.



Issues unique to women

Doctor Shopping  
Pregnancy  
Higher Incidents of chronic pain

# Heroin Use-A Rising Epidemic



4.8 million people have used heroin at some point in their lives.



Among people between the ages of 12 and 49, the average age of first use was 28.



212,000 people aged 12 or older used heroin for the first time within the past 12 months.



Approximately 435,000 people were regular (past-month) users of heroin.

# Heroin Use & Women



- Women are more at risk than men for overdose death during the first few years of injecting heroin.
- Women between the ages of 45 and 54 are more likely than women of other age groups to die from a prescription pain reliever overdose.



# Substance Abuse & Trauma

- Over two-thirds of people seeking treatment for substance use disorder report one or more traumatic life events (Back et al., 2000)
- Rates of witnessing serious injury or death of others and experiencing physical assault are two to three times higher in substance-using individuals than in the general population (Cottler et al., 2001; Kessler et al., 1995).

# Substance Abuse, Trauma & Women

- Female addicts often have histories that include three elements: substance abuse since early adolescence, developmental delays caused by damaging relationships and multiple traumas; which often include physical and sexual abuse.
  - 80 % of women seeking treatment for substance abuse report a history of sexual assault, physical assault or both. Unfortunately, that's only those who seek treatment & those who report trauma
  - Majority of women who suffer from Substance Abuse & PTSD experienced childhood abuse and continue to experience abuse into adulthood
  - one in four children and adolescents in the United States experiences at least one potentially traumatic event before the age of 16



# Dove Recovery House



A NEW BEGINNING.  
A NEW HOME OF HEALING, FAMILY, FAITH AND LOVE.

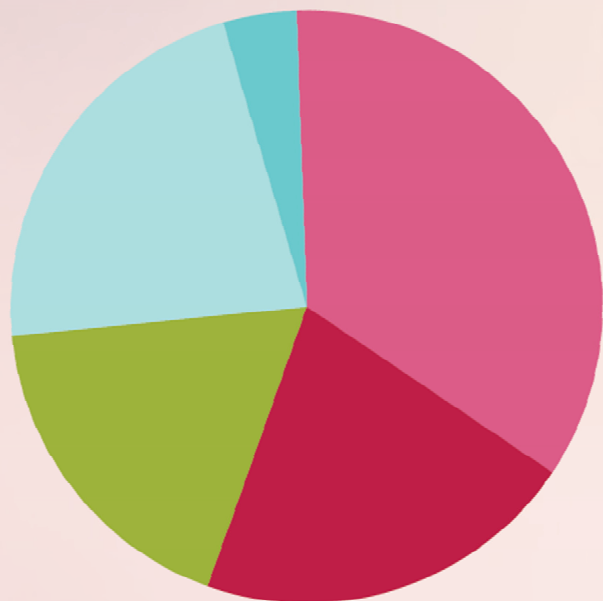


Dove Recovery House for Women

# Dove Recovery House

- Largest Transitional Recovery Residence for Women in Marion County
- Serves 40 women nightly
- INARR Residence Level 4
- Program Model Includes
  - Trauma Informed Therapy
  - Skilled staff who understand the distinct needs of women in recovery
  - 30 day 'be still' period
  - FREE (after client begins working, 30% of income is required for rent)
  - Comprehensive case management focused on goal outcomes and behavior modification
  - Minimum stay of 90 days or up to 2 years
  - Focus on life skills –job readiness, financial literacy, parenting classes, healthy relationships, 12 step programming, healthy food planning, time management, money management and stress management.
  - DMHA Certified IOP
  - 24/7 Paid, awake staff
  - MAT supported
  - Peer Recovery
  - Steps to Success
  - PHQ9 & ACE Assessment

# TOP FUNDING SOURCES



**35% FOUNDATION GRANTS**

**21% GOVERNMENT SOURCES**

**18% INDIVIDUAL DONATIONS**

**22% SPECIAL EVENTS**

**4% OTHER**

**>1% PROGRAM FEES**

# Challenges



Growing Need



Long Wait List



Funding



Limited Resources

# Dove Recovery House Outcomes

- Measureable outcomes will consist of:
  - 75% of women will complete the 90-day minimum stay with
  - 85% of women will reunite with their children & families
  - 100% of women who committed a crime prior to entering the program at Dove Recovery House will not recidivate
  - 100% will participate in trauma informed therapy
  - 100% will participate in 12 Step groups
  - 70% will obtain gainful employments or participate in an educational/vocational training program
  - 60% of the Dove House alumni will participate in the Alum Aftercare Program. A newly developed alumni program ensures that alumni's stay invested in the house through a case manager, monthly alumni support meetings and a support network of women who have completed the program